COLOR IN THE CLASSROOM

Yellow
- really good in the classroom
- stimulates an overall sense of optimism, hope, balance
- first color the brain distinguishes

Orange
- one of the best colors for stimulating learning
- balance between yellow and red

Red
- triggers pituitary and adrenal glands and releases adrenaline
- engaging and emotive

Green (also dark colors)
- lowers stress and causes peaceful feelings
- calming

Blue
- tranquilizing

Yellow, light orange, beige, off-white
- are ideal for learning
- all stimulate positive feelings

Gray
- the most neutral

Bright colors (red, orange, yellow)
- can spark energy and creativity
- can increase aggressive and nervous behavior

Brown
- sense of security
- reduces fatigue
- relaxing